

## **Boys Middle School Lacrosse practice schedule:**

Week days at the field directly in front of Cookeville High School – 4:00 pm – 5:15 pm :

Starting February 13 until further notice:

Mondays

Tuesdays

Thursdays

Make sure players bring: All Lacrosse Gear and Water

**\*\*Be prepared for cold weather\*\***

**\*\*As spring approaches – we'll extend practice outside – you will be notified\*\***

Saturday's at the Hangar (optional practice – please make it if you can) – 12 Noon – 1:30 pm:

Saturday – February 18

Saturday – February 25

**PLEASE REGISTER HERE:**

<http://www.sportssignup.com/Cookeville-Lacrosse-Club-Online-Registration.start>

Any questions about registration – please contact me at [jnorrod@gmail.com](mailto:jnorrod@gmail.com)

Have any questions about practice? Contact a coach:

Middle School 7th and 8th grade players: Tim Holland 252-4030, Nate Fontenot 265-8563

Middle School 5th and 6th grade players: Tim Holland 252-4030, Nate Fontenot 265-8563

Did you know we have a team website? <http://www.cookevillelax.org>